# Optimizing Dissemination Through Stakeholder Engagement

Melody Bockenfeld, MPH, BSN
Caitlin Scott MLIS, BA
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# Learning Objectives

- Design a dissemination plan
- Identify barriers to effective dissemination and strategies to overcome them
- Describe effective communication channels for dissemination including using new technology
- Identify elements of "Designing for Dissemination"

## **Effective Dissemination**

Partnered

**Iterative** 

Multi-Pronged

Early

Intentional

Engaged

# Characteristics of Designing for Dissemination

- Meets the needs of intended users
- The innovation or intervention has a clear advantage over current practice, and good match with user's needs, assets & timeframes
- Easy to implement; minimal complexity
- Start dissemination planning early and ask stakeholders how they want to receive results
- Plan for collecting stories- IRB
- Identify Dissemination partners at the start

"Designing for Dissemination", 2002 conference proceedings.

National Cancer Institute

Community-Academic Partnerships

UW Institute for Clinical and Translational Research

### **Common Barriers**

 Relevance Complexity Timeliness

Research

### Target Audience

Individuals
 Communities
 Organizations

 Environment and Systems

Context

# A Systematic Approach to Designing a Dissemination Plan

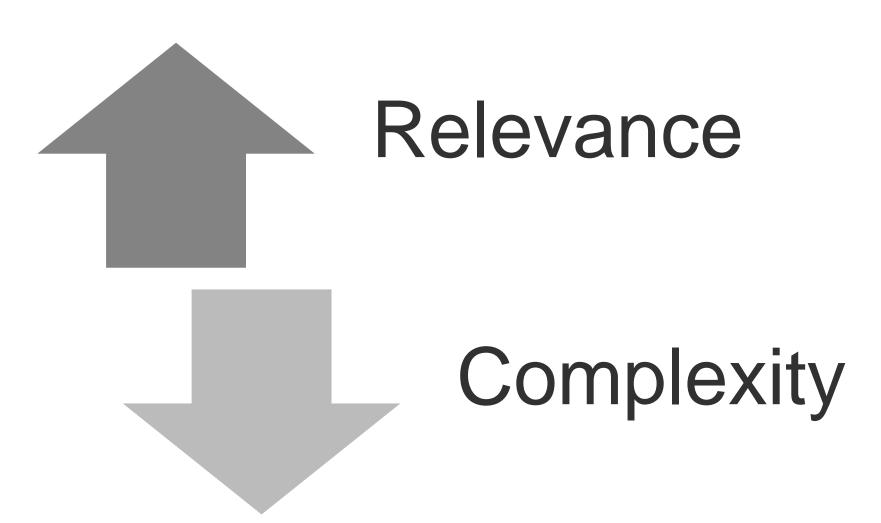


Adapted from AHRQ Dissemination Planning Tool and Value Added Research Dissemination Framework

Slide courtesy of Colleen Brown

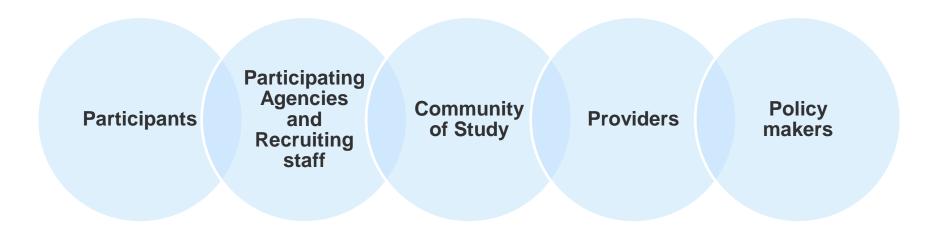


# Research Findings and Products





# Target Audience(s)/ End Users



## Worksheets

- Start Your Dissemination Plan
  - Worksheets 1 & 2

- 5 minutes on your own
- 10 minutes of group feedback

## **Dissemination Partners**

 Individuals, organizations or networks through whom you can reach end users

- Champions
- Thought leaders
- Social networks
- Linkage mechanisms
- Coalitions

# **Partners Worksheet**

# Communication: How will you convey your findings?

Message

**Tailoring** 

Framing

Values

Call to Action

Packaging

**Format** 

**Products** 

Channels

In-person

**Print** 

Media



# **Examples of Tailoring & Targeting**

Computer-generated nutritional information tailored to help individuals reduce their fat intake and increase fruit and vegetable consumption: "Mrs. Jones...."

Targeted use of mass media messages for adolescent girls at increased risk of smoking



# Message Framing

"Smoking harms nearly every organ of the body, causing many diseases and reducing the health of smokers in general."

"Quitting smoking has immediate as well as long-term benefits, reducing risks for diseases caused by smoking and improving health in general."

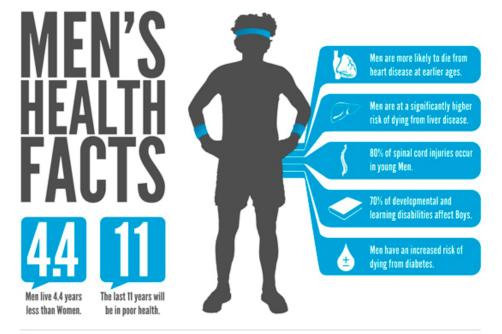
TRUTH#finishIT: Low-Income neighborhoods are more likely to have tobacco retailers near schools than other neighborhoods: It's not a coincidence

Psychol Addict Behav. 2007 Dec; 21(4): 534-544.



# **Packaging**







fatalities are Men.



Globally, alcohol kills almost 6 times more Men than Women.

Only 30% of a Man's overall health is determined by his genetics:

Having a Y chromosome is not an excuse for unhealthy lifestyle choices.

disease, suicide, and motor vehicle accidents.

the workforce.



THE PROPERTY ABOUT ABOUT

### Community-Academic Partnerships

### **Channels & Tactics**

 Multiple delivery messages & channels are more effective than single-source messages in reaching your target audience

Repetition is good

# How does your target audience communicate?













# Is Social Media the Right Tool?



**PINTEREST** 



TWITTER



**FACEBOOK** 



INSTAGRAM

SOCIAL SHARING

SITE ALL AROUND



GOOGLE+



LINKEDIN

#### SOCIAL SITE THAT IS ALL ABOUT DISCOVERY



**USERS ARE:** 

































AND POSTING



MOST FOLLOWED



### SOCIAL NETWORK BUILT BY GOOGLE THAT ALLOWS FOR

TO BUILD CIRCLES





BUT POSTS WILL REMAIN AS "STREAMS"



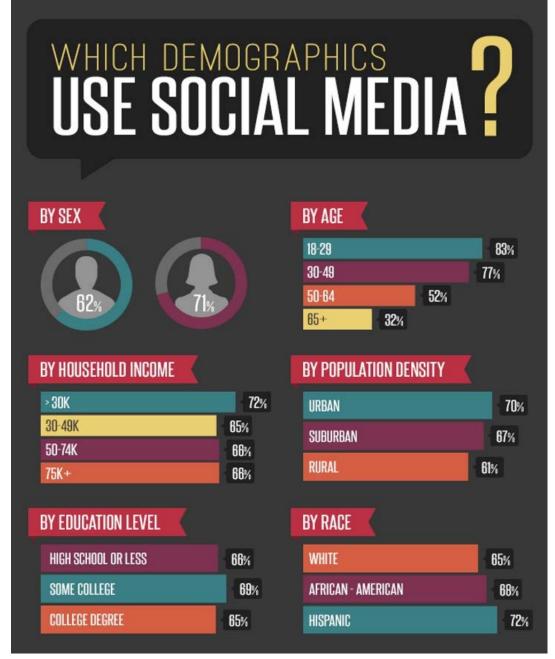








Statistics as of 7.8.2015 Designed by: Leverage - leveragenewagemedia.com



#### WHICH NETWORKING SITES ARE MORE APPEALING TO SPECIFIC DEMOGRAPHICS?

PINTEREST: Rural residents, women, whites, some level of college education or higher, middle to higher

income

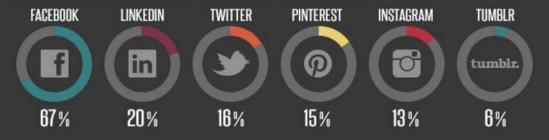
INSTAGRAM: African-Americans, Hispanics, urban residents, 18-29 year olds, women



TWITTER: 18-29 year olds, African-Americans, urban residents

FACEBOOK: Women, 18-29 year olds

#### WHICH SOCIAL MEDIA SITES DO ONLINE ADULTS USE?



#### INTERESTING FACTS ABOUT AGE AND SOCIAL MEDIA

- Unsurprisingly, stratification of age in social media use has remained the same since 2005: there has consistently been higher social networking usage amongst the youngest demographic (18-29 year olds), and less usage as age increases
- · Although 18-29 year olds have always maintained the highest percentage of social media usage, their overall usage dropped for the first recorded time in December 2012, from 92% to 83%-their lowest recorded usage in over two years.
- While every demographic dropped its social media usage in December 2012, the only age demographic that increased its usage during that period was 30-49 year olds, who increased from 73% to 77%

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SOURCE: PEW RESEARCH CENTER



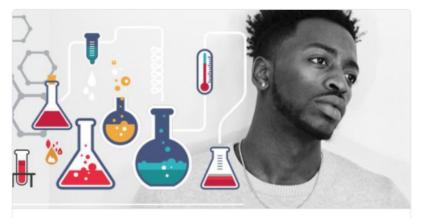


UW-Madison Retweeted



Wisconsin Alumni @ @WisAlumni · May 26

Meet the 22-year-old @UWMadison scientist who is leading the fight to wipe out colon cancer #STEM uproxx.it/2rKwlgA #OnWisconsin



#### Meet The 22-Year-Old Who Is Leading The Fight To Wipe Out Colon...

How did a teen from Chicago's infamous South Side end up becoming a world-renowned cancer researcher? It all started with a microscope. uproxx.com









APHA @ @PublicHealth · May 24

**13** 36

Access to nutritious food prevents chronic health conditions. Find out how #Plan4Health provides info: bit.ly/2p5GnqS



CC for Health Equity @UWCCHE · May 26

Can't wait for the Engaging Patients & Stakeholders in Translational Research Short Course coming up next week! #EngageUW2017 @UWICTR DandI

**13** 6

PCORI @ @PCORI · May 11

A3 What do we mean by engagement? bit.ly/2IYNV0B #IMFARChat

Engagement in research is the involvement of patients, caregivers, clinicians, and other healthcare stakeholders throughout the research process from topic selection through design and conduct of research to dissemination of results.



pcori.org/engagement











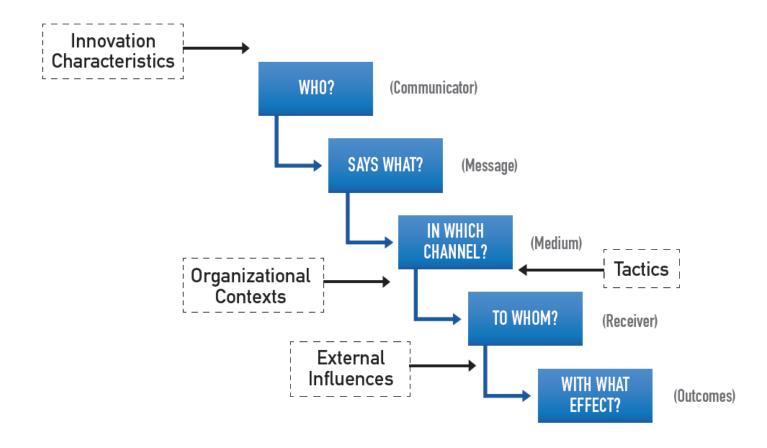
Maria Jesus Inostroza, PhD candidate at the University of Sheffield Published May 1, 2015

https://youtu.be/lbLkEaqplvk



# **Communication Worksheet**

The Classic Communication Model, Plus Dissemination Elements



## **Evaluation**

- What are you trying to achieve?
- How will you know you are successful?
- What is important to your stakeholders?
- Indicators
  - Reach
  - Utilization

# RE-AIM Framework www.re-aim.org

Metric	Measure
Reach	Do you reach your intended audience? What channels were effective in reaching your target audience?
Effectiveness	Did knowledge, attitudes, behaviors, or policies change?
Adoption	Do target settings/institutions adopt the information? How well and what are the barriers?
Implementation	How was information used or not used?
Maintenance	Are changes maintained in people and settings over time?

# **Evaluation Worksheet**

## **Reflections and Questions**

### Frameworks & Resources

- Frameworks
  - AHRQ Dissemination Planning Tool
  - The Value Added Dissemination Framework
  - KT Canada
  - And many more…

# ICTR-CAP D&I Program Resources

- Consultations:
  - Linkages to Community Partners
  - Communications
  - D&I Research
  - Evaluation
  - Implementation Support
- Dissemination Supplement RFA
- D&I Research Grants
- Web site resources

https://ictr.wisc.edu/dissemination-implementation/



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## Thank You!

